

Doulas Working in the Nanaimo Area

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www.doulaonthemove.com

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<https://tranquilsolutions.ca/>

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<http://islanddoula.ca>

www.journeyofbirth.ca

Breanna Wallace

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OZGE STEPHEN - Doula and Acupuncturist

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<https://www.nestingdoulacollective.com/request-a-doula>

Stephanie Anglin

The Tiny Human Doula

phone number: 250-714-5755

instagram handle: @tiny.human.doula

and..... for people who cannot afford a doula

-Tillicum Lelum Health Centre has free doula services for people who partake in their programs.

You do not have to be aboriginal.

-Birthing Families Foundation

birthingfamiliesfoundation.org